

THE DUKE OF EDINBURGH'S AWARD & LIFEVENTURE

Lifeventure are proud to be working with a charity such as The Duke of Edinburgh's Award. The hugely positive experiences gained by young people achieving their DoE will help them for the rest of their lives. These experiences encourage a greater appreciation of the environment we live in, show how enjoyable it can be to perform a service for others and also give a much greater understanding of the role we play in our community. DoE participants benefit from good quality, well designed kit.

Lifeventure has supplied kit to DoE participants and Leaders for over fifteen years. The DoE's inspirational aims are important to us and we strive to produce products which live up to this expectation. 2011 sees an official link up where Lifeventure is now an official supplier of DoE Recommended Kit. These products have been tested by The Duke of Edinburgh's Award product team, as well as expedition leaders in remote environments and medical professionals around the world. These products are perfect for all levels of DoE expeditions and the list of products will grow as more are designed to meet the needs of DoE Participants



RECOMMENDED KIT LIST

Washgear Expedition Trek Towel 90 Expedition Trek Towel 120 Expedition Trek Towel 150 Wash Bag - Small All-Purpose Soap - 200ml Dry Wash Gel - 50ml	Packables Dri-Store Bag - 2 Litres Dri-Store Bag - 5 Litres Dri-Store Bag - 10 Litres Dri-Store Bag - 15 Litres Dri-Store Bag - 25 Litres Dri-Store Bag - 40 Litres Dri-Store Bag - 70 Litres Aloksaks Multi Pack - Valuables Aloksaks Multi Pack - Maps	Cookware Stainless Steel Bottle - 600ml Stainless Steel Bottle - 800ml Tritan Flask - 500ml Tritan Flask - 1000ml Basic Knife, Fork & Spoon Set Folding Knife, Fork & Spoon Set Titanium Knife, Fork & Spoon Set Camping Mug Camping Bowl Camping Plate Titanium Mug Titanium Plate
Sleepgear Expedition Cotton Sleeper - Mummy Expedition Cotton Sleeper - Rectangular EX [®] Silk Sleeper - Mummy EX [®] Silk Sleeper - Rectangular	Security Body Wallet Waist - Fawn Body Wallet Chest - Fawn	

DID YOU KNOW?

275,000 people do DoE programmes each year with over 50,000 volunteer Leaders supporting the participants, inspiring them to achieve their potential.

195 people achieve a DoE Award every day.

What I Need	What I Have	Packed	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Personal Kit...
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifeventure Altai 60+15 Travel Rucksack
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifeventure Dri-Store Bags (use as liner)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sleeping mat
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sleeping bag
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Dri-Store Bags (For storing sleeping bag)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifeventure Expedition Sleepers (liner)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifesystems Survival bag
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Small quantity of money (optional)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Notebook & pen/pencil
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Watch
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifesystems Survival Whistle
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifesystems Intensity 80 Head Torch
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Spare batteries & bulb for torch
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifesystems Trek first aid kit
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Emergency food rations
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tritan Flask Water bottle (1 Litres)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifeventure Knife, fork, spoon
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Small pocket knife/pocket tool
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifeventure Plate/bowl
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifeventure Mug
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifesystems Windproof Matches
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifesystems Travel adaptor
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifeventure Wash bag
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifeventure Expedition Towel
			Group Kit...
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tent(s)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Camping stove(s)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Camping stove fuel in an appropriate & safe container
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Emergency food rations
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cooking pans
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Scourers
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Maps (1:50 000/1:25 000)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Compass(es)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifeventure Aloksak Map cases
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Camera (optional)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Toilet paper
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tea towels
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Food (lightweight)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Plastic bags (for rubbish etc.)

What I Need	What I Have	Packed	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Additional Optional Kit...
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Storm shelter
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Stove accessory
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifesystems Expedition 50 Insect Repellent
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifesystems MicroNet Mosquito Net
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifesystems Emergency Lightsticks
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifesystems Chlorine Dioxide Tablets
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Travel Plug
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Waterproof Bags
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Lifeventure Body Wallet Waist/ Chest
			Clothing...
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 pair walking boots (broken in)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2 pairs walking socks
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2 pairs sock liners (optional)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2-3 t-shirts
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Thermal t-shirt (optional)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2 fleece tops or similar
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	2 walking trousers (warm, NOT jeans)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Underwear
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sports bra (optional)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Nightwear
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 pair of trainers (optional)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Warm hat (if appropriate)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sunhat (if appropriate)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 pair gloves (if appropriate)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 pair shorts (if appropriate)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Suncream (if appropriate)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1 pair gaiters (optional)
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Waterproof over-trousers
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cagoule/coat (waterproof & windproof)